

The Parelli Humanity Profile

The Parelli Humanity Profile identifies your strengths and pinpoints your primary traits in the same areas as Horsenality: Extrovert/Introvert and Left-Brain/Right-Brain.

The vertical (up and down) axis on the chart measures:

EXTROVERT (how outgoing, animated, and expressive you are)

INTROVERT (how reserved, quiet, and non-demonstrative you are)

The horizontal (left and right) axis on the chart measures:

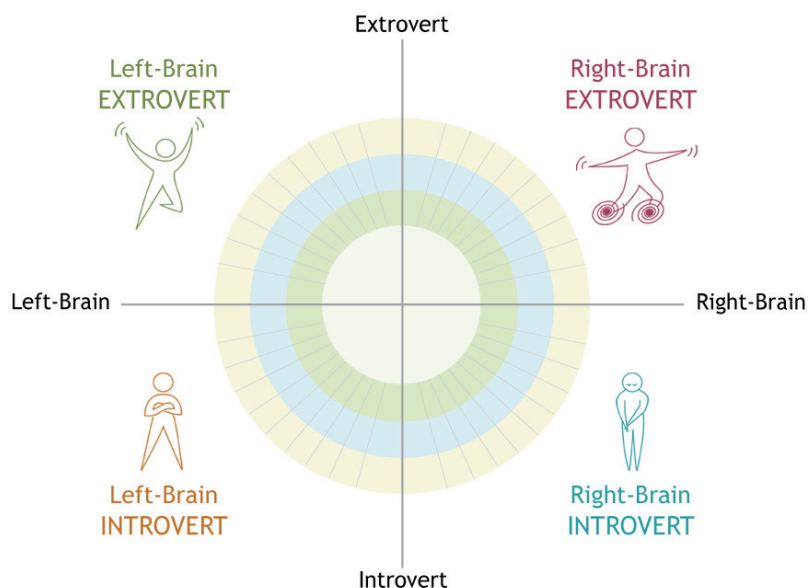
LEFT-BRAIN (how confident, candid, and dominant you are)

RIGHT-BRAIN (how indirect, emotional, and cautious you are)

These axes create four Humanity quadrants. This layout is very similar to the Horsenality profile and makes it possible to compare the two profiles (both you and your horse). That's when things really get interesting!

Your Primary Quadrant

When you review your profile you'll see a big blue dot that indicates which quadrant of behaviors you primarily exhibit. The further from the center the dot is, the more intensely you'll display the characteristics. This distance is a good indication of your spirit level.



■ mild ■ moderate ■ extreme

The color of the shading indicates your spirit level.

According to how low, moderate, or high it is, spirit level will tone down or amplify any Humanity Type or specific behavior.

The Four Humanity Types

Know yourself and understand others

Let's look more closely at the four Humanity types that the Parelli Profile generates. Playful caricatures and short descriptions reveal the general characteristics of the four types. You'll notice some close similarities to the Horsenality model and you'll spot some different twists since this is about humans rather than horses.



Right-Brain Extrovert

Right-Brain Extroverts are outgoing, emotional, sensitive, and responsive to others. They like people and seek the approval of others. They're social and approachable, think quickly and talk about their feelings openly. Although excitable and sometimes volatile, Right-Brain Extroverts are relationship builders and try to keep these as conflict free as possible. They tend to be enthusiastic, energetic, and people focused.



Right-Brain Introvert

Right-Brain Introverts are diplomatic, tactful, cautious in new situations and somewhat private. They tend to hold their feelings and thoughts in and want to avoid conflict or confrontation. They're modest and non-assertive, but sometimes emotionally tense and volatile when pushed. This can make them hard to read or to appear unpredictable. Right-Brain Introverts tend to be very caring, attentive to others, and sometimes overly sensitive.



Left-Brain Introvert

Left-Brain Introverts are strong-willed and task driven, but rather quiet and self contained. They tend to present their thoughts in factual rather than emotional ways. They are a bit guarded and tend not to express their feelings even when there is a lot going on with them personally. Left-Brain Introverts are data and systems focused skeptical of unproven ideas, and analytical.



Left-Brain Extrovert

Left-Brain Extroverts are strong-willed, expressive, and demonstrative. They say what they are thinking and feeling and do so in an outgoing manner. They're assertive and candid, and when they want to get things done, they'll approach you directly and use their persuasive style to convince you of their ideas. Left-Brain Extroverts are results-oriented and driven.